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## Local Child Featured on WGN's Lunchbreak Cooking Segment

By: kidsfeedingkids

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Carson Pazdan with Allison Payne and Steve Sanders at the WGN Studios

Six year old, Carson Pazdan, of Barrington, Illinois recently was featured on WGN's Lunchbreak segment. Carson, along with Barrington gourmet chef Cali Bergold, whipped up Worms & Eyeballs, also known as Bucatini pasta and chicken meatballs, for a spooky Halloween cooking segment. This recipe is from the Kids Feeding Kids Cookbook which is benefiting the Northern Illinois Food Bank - Youth Nutrition Program.

This cookbook is a collection of 800 recipes created by kids for kids and features photos by noted professional cookbook photographer Ally Gruener. Through an extensive grass-roots effort, hundreds of children got on board to help the hungry by submitting recipes, as well as several celebrities including Oprah Winfrey, Maria Shriver, Chris O'Donnell and Sean Hayes. "Just getting that amount of people behind this... it's a very inspirational story to be a part of" says Jarrod Daab, Associate Director of the Northern Illinois Food Bank. With the sale of each cookbook (priced at \$20), 100% of the profits will be donated to the Northern Illinois Food Bank's Youth Nutrition Program. The NIFB helps more than 50,000 hungry people in 13 area counties every week. Each book sold will provide a hungry child in Northern Illinois with nearly 100 pounds of food.

ABOUT THE KIDS FEEDING KIDS CLUB -- The Kids Feeding Kids Club was founded in 2008 by 5-year-old Carson Pazdan. Inspired by his love to cook and experiment in the kitchen, Carson wanted to create his own cookbook featuring all of his recipes as well as those from other children. He dreamed of a cookbook designed by kids for kids. This idea evolved into a vision of creating a club for kids where they can directly impact the lives of other children and help stop hunger. The organization's mission is to feed hungry youth through fundraising and volunteering, building awareness, compassion and a foundation of philanthropy that will last a lifetime. It is the organization's belief that the earlier children are introduced to community service, volunteerism and charity work, the more likely they are to stay engaged in these activities into adulthood thus making the world a better place.

To purchase a cookbook, please visit [www.kidsfeedingkids.info](http://www.kidsfeedingkids.info)

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